

# Urban Legends

## *Leave the Past Behind*

**BIG IDEA:** Leaving/forgetting our past is both unbiblical and impossible; we deal with our past by harnessing it, bringing it under the light of Christ, and letting God redeem it.

### **I. The nature of your past**

- The past can't really affect us, but our present *feelings* about the past can.
- The Bible looks at our lives from a perspective of eternity – not past or future just right now. We say something is in our past, but according to the Bible it is part of our present, since from the perspective of eternity that is all there is!

### **II. How to harness your past**

- *Expose* the deeds of darkness (Ephesians 5:11, 13)
- *Forgive* everyone who sins against you (Ephesians 4:32)
- *Grieve* your losses (Matthew 5:4)
- Confess and Repent *family* sin (2 Chronicles 30:7-8)
- Confess and Repent *personal* sin (1 John 1:9)

*“Get saved. Get well. Get going.”*